

Asmi K. Dhotre

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EDUCATION

The University of Texas at Austin

B.S. in Psychology

Minor in Business

Austin, TX

Expected May 2026

RELEVANT COURSEWORK

- Introduction to Clinical Psychology
- Developmental Psychology
- Introduction to Cognitive Psychology
- Language Processing
- Psychopathology
- Introduction to Statistics for the Behavioral Sciences
- Advanced Data Analysis and Methods for the Behavioral Sciences

PUBLICATIONS

Psychology Today

Sep 2024

Nalkur, P., & Dhotre, A. (2024). *The Psychological Impact of Inclusive Leadership*. *Psychology Today*.

Human Capital Innovations

Aug 2024

Nalkur, P., & Dhotre, A. (2024). *Overcoming the Stumbling Blocks to Inclusive Leadership: Balancing Kindness, Consensus, and Support*. *Human Capital Innovations*.

Book Chapter (Being Reviewed)

The Community Context as a Key Point of Intervention for Cognitive Health Equity

RESEARCH EXPERIENCE

MUNA Lab, University of Texas at Austin

Research Assistant

Austin, TX

Aug 2025 - Present

Supervisor: Alexandra Clark, Ph.D.

- Conduct literature reviews and synthesize research findings to co-author a book chapter, referencing 20+ scholarly articles on cognitive health and performance
- Administer, score, and evaluate cognitive assessments for 55+ participants with accuracy and reliability
- Manage/process blood samples to support research biomarkers associated with cognitive health
- Distribute, collect, and organize participant questionnaires, gathering data from 100+ participants
- Assist in data analysis and interpretation to contribute to ongoing research studies on cognitive function and aging
- Ensure adherence to ethical research protocols and laboratory safety standards when handling biological samples and participant data

- Collaborate with faculty and fellow researchers to refine study methodologies and enhance research outcomes

LSAD Lab, University of Texas at Austin

Research Assistant

Austin, TX

Aug 2025 - Present

Supervisor: Michael Telch, Ph.D.

- Executed comprehensive literature reviews to support research findings and chapter development studies
- Ensure compliance with research standards by adhering to safety protocols across treatment methodologies
- Coordinate participant recruitment and scheduling to streamline communication and data collection
- Prepare conference posters and presentations, summarizing findings for audiences of 100+ attendees
- Collect, organize, and analyze physiological and behavioral data, including self-report measures and biometric indicators of anxiety

RoundTable Institute

Research Intern

Austin, TX

May 2022 - Aug 2024

Supervisor: Priya Nalkur, Ed.D.

- Designed and conducted research studies utilizing surveys, interviews, and experiments to gather and interpret data, uncovering meaningful patterns and trends.
- Led outreach initiatives to recruit participants, effectively engaging 150+ individuals in the survey process.
- Created structured interview frameworks and survey instruments to ensure data reliability and maintain ethical research standards.
- Conducted 5+ in-depth interviews, gathering firsthand perspectives that enriched the study's qualitative analysis.
- Developed and executed promotional strategies to maximize survey reach, leveraging social media, email campaigns, and community networks.
- Synthesized key findings from survey responses and interviews into **two** well-articulated articles, later published in academic and public platforms.
- Ensured polished and professional submissions by formatting articles according to journal and editorial guidelines.

LEADERSHIP EXPERIENCE

University of Texas at Austin's Texas Lonestars Organization

Austin, TX

Diversity, Equity and Inclusion Program Coordination

May 2024 - Present

- Developed and implemented strategic DEI initiatives to foster an inclusive and equitable organizational culture
- Led DEI-focused discussions, panels, and initiatives to encourage meaningful dialogue on diversity and inclusion.
- Designed and facilitated diversity training programs to educate members on equity, cultural awareness, and inclusive leadership
- Established partnerships with external organizations to enhance DEI programming and

resource accessibility

- Advised leadership on best practices for fostering an inclusive environment and addressing systemic barriers

VOLUNTEER EXPERIENCE

Fire Dragon Karate

Cedar Park, TX

Lead Instructor

Jan 2018 - Present

- Develop personalized training plans for 50+ students to enhance skill development and performance
- Foster an encouraging environment to help students build confidence and overcome challenges
- Mentor students in perseverance, focus, and goal setting, guiding them toward continuous improvement
- Manage schedules, ensure safety protocol and maintain positive learning atmosphere
- Design and implement detailed class outlines, ensuring progressive skill development and structured learning objectives
- Communicate with students and parents, providing constructive feedback and tracking performance milestones
- Organize and lead group exercises, drills and skill assessments to enhance overall training effectiveness

Austin Marathi Mandal

Round Rock, TX

Lead Teacher

May 2020 - Present

- Introduced children to Marathi culture and language through interactive lessons, incorporating traditions, folktales, and historical context.
- Designed a structured curriculum tailored to different language proficiency levels, ensuring gradual and effective learning.
- Utilized storytelling, songs, and creative activities to make language acquisition engaging and immersive.
- Integrated cultural activities, such as festivals, traditional games, and regional cuisine discussions, to deepen students' appreciation of Marathi heritage.
- Developed visual aids, worksheets, and interactive exercises to reinforce vocabulary retention and grammar comprehension.
- Created a supportive and inclusive environment, encouraging students to practice speaking, reading, and writing with confidence.
- Assessed student progress through informal assessments and personalized feedback, adjusting lessons to meet individual learning needs.
- Organized group discussions and presentations, helping students improve their communication skills while fostering a sense of cultural identity.

Project Princess

Austin, TX

Volunteer

Sep 2023 - Present

- Organize profit shares with local businesses to increase exposure and elicit donations for Project Princess, a non-profit organization that aims to reduce the cost of prom for high school juniors and seniors in the local Austin area by providing cost-free dresses and

accessories.

- Assist at Project Princess fundraising events by working check-in tables, sharing donation links, and organizing donations.
- Curate a selection of dresses and accessories for deserving high school juniors and seniors on Boutique Day, the day where local Austin students can come to pick out items for their prom day at no cost.

Ascension, Psychiatry Department

Austin, TX

Volunteer/Shadow

Aug 2023 - May 2024

- Provided administrative support and maintained patient records within the psychiatry department
- Coordinated and organized materials for the departmental activities, ensuing daily operations
- Shadowed clinical professional to gain insight into psychological assessments and treatment protocols

SKILLS

- REDCap
- Zotero
- R Studio
- SPSS
- Qualtrics
- Microsoft Outlook, Word, Excel, and PowerPoint
- Google Docs, Sheets, and Slides
- Canva
- Box